

Please order at the counter Monday-Friday, table service Saturday and Sunday

### **Bircher Bowl \$16**

Rolled oats and cranberries soaked overnight, topped with a crunchy hemp seed crumble, fresh banana and berries served with Greek or coconut yoghurt,

### **Fruit and Hazelnut Toast \$12**

Served with fresh berries, vanilla and honey whipped ricotta

### **Fuel's Smashed Avocado \$16 *gfa/dfa***

Toasted pumpkin bread topped with our chunky avocado, Danish feta and pistachio dukkha

### **Almond Cashew and Coconut Clusters Açai Bowl small \$14 regular \$17 *gf/df***

Served with peanut butter swirls and fresh berries

### **Fresh Fruit Açai Bowl small \$14 regular \$17 *gfa/df***

with house-made granola, seasonal fruits and berries

### **Raspberry and White Chocolate Hot Cake \$19**

Our legendary oven baked hotcake (as featured in Urban List & Must do Brisbane)  
Drizzled with maple syrup, a scoop of vanilla ice cream and toasted coconut shards  
*(this amazing hotcake takes 20minutes to cook)*

### **Sweet Potato, Carrot and Haloumi Rosti \$24 *gf/v***

A large crispy cake infused with lemon zest and a hint of chilli. Served with sumac labna, two poached eggs, fresh spinach and broccolini

### **Green Fritters \$21 *v***

Chunky kale, broccoli, herbs and feta fritters  
served with a house-made capsicum compote, hung yoghurt and dressed leaves  
Add haloumi or smoked salmon \$6  
Check out our extras menu to compliment your fritters

### **Eggs Benedict \$19 *gfa***

All the goodness of house-made hollandaise sauce, two poached eggs and toasted sourdough  
-Served with crispy bacon, or  
- Cold hot smoked trout or smoked salmon  
-Wilted spinach and garlic mushroom

**Choose NO toast and add a homemade rosti \$21**

### **Eggs cooked your way \$10 *gfa/dfa***

Two eggs cooked to your liking, served with toasted sourdough  
Build your own breakfast from the extras list

### **Extras to add to main meals**

2x Rashers Bacon / 2x Eggs / Grilled Tomato / Fresh Spinach / Grilled Chorizo/ Avocado/ \$5  
Garlic Mushroom / Smoked Salmon / Smoked Trout /Wilted Spinach / Haloumi \$6  
2x Hash Browns / Home-made Rosti / One egg / \$ 3

**Half serves are available with most meals on request**

***Our menu is cooked to order, therefore at busy times there may be a wait. Your patience is appreciated.***

Allergens Disclosure;

Please note that all our food is prepared on site in our commercial kitchen that prepares milk, egg, soy, seafood including crustaceans, peanuts, sesame seeds, tree nuts and gluten from wheat, rye, barley, oats and spelt.

*Dietary code **gf-** gluten free, **df-** dairy free, **gfa-** gluten free on request, **dfa-** dairy free on request*

**15% Surcharge applies on all public Holidays**

## **Kids Meals All Day** gfa/dfa

Cheese toasty with hash browns \$10

Bacon and egg with toast \$10

Pancakes with maple and vanilla ice cream \$12

Two slices of white toast and avocado \$8

Two slices of toast and nutella \$6

### **Lunch time from 11.30am**

Chees toasty with fries \$10

Karrage chicken and fries \$13

Fish, fries and salad \$13